

To: Physicians and APPs
From: Steven Crawford, MD, MBA, CPE, FACOG
Chief Medical Officer
Date: April 1, 2026
Subject: **Lifestyle Medicine Clinic Now Open – Referrals Welcome**

Dear Physicians and APPs,

I'm pleased to share that **Monday, March 30th marked the first day of our new Lifestyle Medicine Clinic**. We are officially open and providing whole-person, comprehensive care to patients in our community. The clinic currently operates from two locations:

Sycamore Primary Care Building

2115 Leiter Road, Suite 300


Miamisburg, OH

Kettering Medical Center – Main Campus POB

3533 Southern Blvd, Suite 3500

Kettering, OH

Lifestyle Medicine Main Line:

 937-771-2060, ext. 80670

We have selected our first health coach, are actively interviewing for our dietitian position, and are finalizing plans with an exercise physiology group to support patient care. Importantly, we are also partnering with our chaplain services to provide spiritual care as part of our whole-person approach.

We welcome referrals and are happy to co-manage patients with you within our Lifestyle Medicine program. Please feel free to share this information with colleagues.



Steven Crawford, MD, MBA, CPE, FACOG

Chief Medical Officer

Kettering Health Medical Group

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